

LUNEDI'	MARTEDI'	MERCOLEDI'	GIOVEDI'	VENERDI'
08:30/09:15 ACQUAFITNESS	08:30/09:15 BODYTONIC	08:30/9:15 HYDROBIKE	08:30/09:15 BODYTONIC	08:30/09:15 ACQUAFITNESS
10:00/10:45 SENSORIAL	10:30/11:15 POSTURALE	10:45/11:45 PILATES	09:30/10:15 TOTAL BODY	10:00/10:45 GAG
11:30/12:15 ACQUAFITNESS	11:30/12:15 BODYTONIC	11:15/12:00 POSTURALE	10:30/11:15 POSTURALE	11:30/12:15 ACQUAFITNESS
12:45/13:45 PILATES	15:00/15:45 ACQUAFITNESS	11:30/12:15 ACQUAFITNESS	11:30/12:15 BODYTONIC	13:30/14:15 GAG
13:00/13:45 CROSSTRaining	15:45/16:30 POSTURALE	13:00/13:45 CROSSTRaining	15:30/16:15 BODYTONIC	18:00/18:45 ACQUAFITNESS
17:30/18:15 POSTURALE	18:00/18:45 ACQUAGAG	17:30/18:15 ACQUAFITNESS	15:30/16:15 POSTURALE	18:45/19:30 ENERGY TONE
18:00/18:45 GAG	18:30/19:15 MOVIDA	18:15/19:00 BODYTONIC	17:40/18:25 ACQUAFITNESS	18:45/19:30 ACQUAGAG
18:15/19:00 TOTALBODY	18:45/19:30 BODYTONIC	18:30/19:15 ENERGY TONE	18:25/19:10 HYDROBIKE	19:00/20:00 MUAY THAI
17:40/18:25 ACQUAFITNESS	19:00/20:00 MUAY THAI	19:00/19:45 HYDROBIKE	18:15/19:00 TOTAL BODY	19:30/20:15 BODYTONIC
18:25/19:10 ACQUAFITNESS	19:15/20:00 STEP&TONE	19:00/19:45 TOTALBODY	18:45/19:30 STEP&TONE	19:30/20:15 CROSSTRaining
19:00/20:00 PILATES	20:00/20:45 HYDROBIKE	19:15/20:00 POSTURALE	19:00/19:45 POSTURALE	20:15/21:00 HYDROBIKE
19:10/19:55 BODYTONIC	20:00/20:45 CROSSTRaining	19:45/20:45 YOGA	19:10/19:55 ACQUABALL	20:00/21:00 KICK BOXING K1
19:10/19:55 CROSSTRaining	20:00/21:00 KICK BOXING K1	19:45/20:30 HYDROBIKE	19:30/20:15 CROSSTRaining	21:00/22:30 LASER COMBACT
19:55/20:40 ACQUAFITNESS	<b>LEGENDA</b> FITNESS ACQUA FITNESS TERRA CORSI SPECIALI	20:00/20:45 GAG	19:55/20:40 ACQUAGAG	DOMENICA <i>da ottobre</i>
20:00/20:45 POSTURALE		20:30/21:15 ACQUAFITNESS	20:00/20:45 GAG	10:00/10:45 CORSO JOLLY
20:00/20:45 ENERGY TONE	<b>039.24.54.380</b> <b>331.28.16.223</b>	<b>events</b> <b>eventspalestra</b>	20:40/21:15 ACQUAFITNESS	